

Name _____

TANGO BASICS!

Fundamental skills needed to advance to the Intermediate Level.

Skills	v
Weight shift – communicate + perceive weight shift	
Walk on 2 tracks, intention & presence	
Stop in sync/Pause – and begin again with music	
Walk & turn – the foundational structure	
Adjust between linear & circular energy/movements	
Line of dance – flow w/ the current (leads)	
Dance entire tangos uninterrupted	
Walk on 4 tracks, maintain connection with partner	
Transition between 2 & 4 tracks	
Basic Salida (beginning) side step to 4 tracks	
Giro (turn) to lead's left	
Giro (turn) to lead's right	
Grapevine – smooth, steady <i>molinete</i> in giro (follows)	
Smooth transition from giro (turn) to walking	
Changes of direction in <i>giro</i> (turn)	
Forward ocho	
Backward ocho	
Pivot – steady, esp. in fwd + bkwd ochos (follows)	
The cross	